

January 2, 2021



Praise Reports

-Pastor Hart and family have arrived from California and is beginning his service in our church this Sabbath.

-Nena was blessed by the outpouring of gifts from our church.

-Raquel's surgery was successful and she is doing great!

-That some of our members have been able to hand out Blessing Bags this month.



Praise Reports from our members:

I want to praise God that my oral surgery on the 15th went well and the healing process has been minorly painful. We serve and awesome God who still healing us.

-I want to praise God for deeper understanding into my chronic pain and providing me with a simple and free solution that works just as effective as prescription pain medication!



*Rejoice always; pray without ceasing; in everything give thanks; for this is God's will for you in Christ Jesus.
1 Thessalonians 5:16-18*

Prayer Requests

Pray for....

-Raul, Perry Watson (Paul Watson's twin brother), and Peggy's sister-in-law Sue who all have COVID.

-Tracy Stokes and her recent health needs.

-Medical professionals as COVID is on the rise taxing our medical institutions.

-The Hart's receive their personal belongs from the moving company ASAP.

-Our church ministries: friendship evangelism, prison ministries, Blessings Bags ministry, The Caring Kitchen.

-James Curtis as he is still in Concord Hospital.

-All those isolated in hospitals, nursing homes, or confined to their homes due to COVID-19.

-To get the Blessing Bags into the right people's hands.



Personal Evangelism

Concord Church on the Move

Update....

Nena, the girl Laura helps assist through her work, had a wonderful Christmas! Two big bags of gifts, a hamper, soaps for Soap Hope, the book Who are Seventh-day Adventists, and \$530 to rebuild her savings account after it was wiped out after a huge vet bill was well received and very much appreciated by Nena.

In a video thank you this is what she said in part:

"Beyond my wildest dreams, I never imagined that someone would care so much about me and my cats. I know that I can't say enough. I really appreciate it. I thought that God gave up on me along time ago, but you guys have kind of showed me that maybe He didn't because I was going through a really hard time and look who came through... it was His people. It was really beautiful and thank you so much."

~ Nena



Don't look out only for your own interests, but take an interest in others, too.

Philippians 2:4

Welcome

Welcome Pastor Hart and family to our church! We are looking forward to your ministry in the Concord-Laconia District!

Pastor and his wife Tara have four children - Luci, Garrett, Asher, and Ian. We look forward to getting to know the entire family.

Join us as we welcome them to Concord this Sabbath, January 2nd.



Health Corner

New Year/Post Holiday Tips for Better Health

Fitness

- Stretch in the morning.
- Get a walk in most days.
- Try something new: swimming, jogging, a sport, snowshoeing.
- Work on consistency with whatever activity you choose.

Healthy Eating

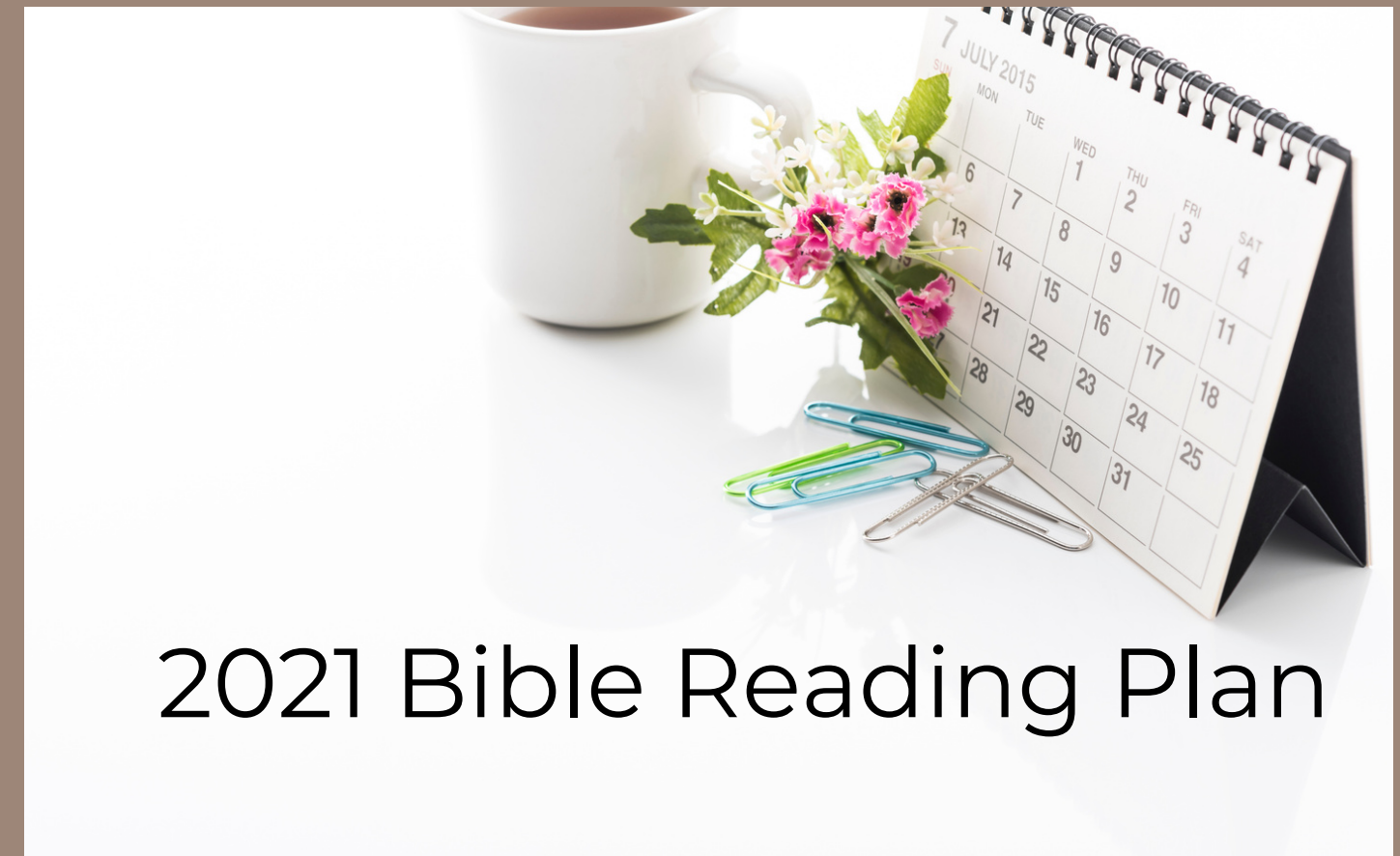
- Have oatmeal for breakfast.
- No sugar for 1 day.
- Eat veggies with every meal.
- Try to meal prep to ensure a healthy meal on hand at all times.

Get Organized

- Go through your closet and donate unworn or gently used clothes.
- Clean out the fridge.
- Organize or start using one calendar for appointment organization.
- Clean out closets and kitchen drawers.

Digital Cleanse

- Go a day without social media.
- Limit phone or TV device use to 2 hours a day.
- Don't take your phone to social gatherings.
- Remove old apps from your phone.



2021 Bible Reading Plan

Have you ever read the bible through cover to cover? Many have used bible reading plans to ensure they can read through the bible in a year. There are many to choose from; however, the North American Division has a plan for both the bible and EGW's writings. It can be found here if you are interested: <https://cdn.ministerialassociation.org/cdn/believe-his-prophets/2021-2022-BHP%20Reading%20Guide.pdf>.

NAD's 10 Days of Prayer

Each January, the North American Division sponsors 10 Days of Prayer. This year's dates are January 6-16, 2021. This year's theme is "Seeking Revival." The NAD has prepared materials for each day of prayer which can be found at <https://tendaysofprayer.org/>. These materials make running and participating in this special prayer time easy. This is an opportunity for small groups to form and join the corporate prayer over our continent.

